



30. Warendorfer Emssee Jubiläums-Volkslauf

Warendorf / 05.09.2009

Detailed evaluation

Picker, Ingrid

Club: Münster

Number: 849

Course: 10.00 km

Volkslauf

Category:

Frauen W20

Total time: 54:04

Speed: 11.10 km/h

Running performance: 5:25 min/km

Rank in course/Total: 113 (of 167)

Rank in course/Women: 20 (of 40)

Best time in course: 40:24

Rank in category: 3(of 5)

Best time in the category: 43:20