



## 30. Warendorfer Emssee Jubiläums-Volkslauf

Warendorf / 05.09.2009

### Detailed evaluation

**Baumeister, Claus**

Club: Laurentianum

Number: 861

Course: 10.00 km

Volkslauf

Category:

Männer M60

Total time: 54:49

Speed: 10.95 km/h

Running performance: 5:29 min/km

Rank in course/Total: 116 (of 167)

Rank in course/Men: 96 (of 127)

Best time in course: 34:12

Rank in category: 4(of 5)

Best time in the category: 43:15