



# 30. Warendorfer Emssee Jubiläums-Volkslauf

Warendorf / 05.09.2009

## Detailed evaluation

**Herbort, Willi**

Club: Wadersloh

Number: 879

Course: 10.00 km

Volkslauf

Category:

Männer M50

Total time: 55:36

Speed: 10.79 km/h

Running performance: 5:34 min/km

Rank in course/Total: 122 (of 167)

Rank in course/Men: 102 (of 127)

Best time in course: 34:12

Rank in category: 13(of 21)

Best time in the category: 40:23