



## 30. Warendorfer Emssee Jubiläums-Volkslauf

Warendorf / 05.09.2009

### Detailed evaluation

**Serries, Josephine**

Club: Overbergschule

Number: 312

Course: 2.30 km

Schülerlauf

Category:

weibliche Schüler D

Total time: 15:48

Speed: 7.59 km/h

Running performance: 6:52 min/km

Rank in course/Total: 237 (of 283)

Rank in course/Women: 110 (of 146)

Best time in course: 9:24

Rank in category: 51(of 59)

Best time in the category: 10:13