



30. Warendorfer Emssee Jubiläums-Volkslauf

Warendorf / 05.09.2009

Detailed evaluation

Papenbrock, Sandra

Total time: 56:46

Number: 799

Speed: 10.57 km/h

Running performance: 5:41 min/km

Course: 10.00 km

Rank in course/Total: 133 (of 167)

Volkslauf

Rank in course/Women: 22 (of 40)

Best time in course: 40:24

Category:

Rank in category: 8(of 9)

Frauen W35

Best time in the category: 48:17