



30. Warendorfer Emssee Jubiläums-Volkslauf

Warendorf / 05.09.2009

Detailed evaluation

Schwartzte, Martin

Club: WSU

Number: 796

Course: 10.00 km

Volkslauf

Category:

Männer M50

Total time: 58:05

Speed: 10.33 km/h

Running performance: 5:49 min/km

Rank in course/Total: 144 (of 167)

Rank in course/Men: 116 (of 127)

Best time in course: 34:12

Rank in category: 17(of 21)

Best time in the category: 40:23