



30. Warendorfer Emssee Jubiläums-Volkslauf

Warendorf / 05.09.2009

Detailed evaluation

Kleps, Arno

Club: TV Flerke

Number: 813

Course: 10.00 km

Volkslauf

Category:

Männer M55

Total time: 1:03:08

Speed: 9.50 km/h

Running performance: 6:19 min/km

Rank in course/Total: 161 (of 167)

Rank in course/Men: 124 (of 127)

Best time in course: 34:12

Rank in category: 8(of 9)

Best time in the category: 44:47