



## 30. Warendorfer Emssee Jubiläums-Volkslauf

Warendorf / 05.09.2009

### Detailed evaluation

**Drolc, Josef**

Club: Schinderjupps Laktatex Press

Number: 811

Course: 10.00 km

Volkslauf

Category:

Männer M55

Total time: 1:05:17

Speed: 9.19 km/h

Running performance: 6:32 min/km

Rank in course/Total: 164 (of 167)

Rank in course/Men: 127 (of 127)

Best time in course: 34:12

Rank in category: 9(of 9)

Best time in the category: 44:47