



## 30. Warendorfer Emssee Jubiläums-Volkslauf

Warendorf / 05.09.2009

### Detailed evaluation

**Wirtz, Elvira**

Club: Warendorf

Number: 865

Course: 10.00 km

Volkslauf

Category:

Frauen W55

Total time: 1:05:26

Speed: 9.17 km/h

Running performance: 6:32 min/km

Rank in course/Total: 166 (of 167)

Rank in course/Women: 39 (of 40)

Best time in course: 40:24

Rank in category: 3(of 3)

Best time in the category: 59:58