



30. Warendorfer Emssee Jubiläums-Volkslauf

Warendorf / 05.09.2009

Detailed evaluation

Schwertner, Marion

Club: Telgte

Number: 835

Course: 10.00 km

Volkslauf

Category:

Frauen W40

Total time: 1:10:13

Speed: 8.54 km/h

Running performance: 7:01 min/km

Rank in course/Total: 167 (of 167)

Rank in course/Women: 40 (of 40)

Best time in course: 40:24

Rank in category: 8(of 8)

Best time in the category: 45:40