



## 30. Warendorfer Emssee Jubiläums-Volkslauf

Warendorf / 05.09.2009

### Detailed evaluation

**Mathiak, Torsten**

Club: LC Solbad Ravensberg

Number: 1055

Course: 21.10 km

LBS-Halbmarathon

Category:

Männer M35

Total time: 1:26:16

Speed: 14.61 km/h

Running performance: 4:05 min/km

Rank in course/Total: 3 (of 104)

Rank in course/Men: 3 (of 85)

Best time in course: 1:24:16

Rank in category: 1(of 8)

Best time in the category: 1:26:16