



30. Warendorfer Emssee Jubiläums-Volkslauf

Warendorf / 05.09.2009

Detailed evaluation

Al Beyrouti, Sarah

Club: Overbergschule

Number: 203

Course: 2.30 km

Schülerlauf

Category:

weibliche Schüler D

Total time: 16:43

Speed: 7.18 km/h

Running performance: 7:16 min/km

Rank in course/Total: 254 (of 283)

Rank in course/Women: 120 (of 146)

Best time in course: 9:24

Rank in category: 55(of 59)

Best time in the category: 10:13