



## 30. Warendorfer Emssee Jubiläums-Volkslauf

Warendorf / 05.09.2009

### Detailed evaluation

**Schmelz, Wolfgang**

Club: Gütersloh

Number: 1071

Course: 21.10 km

LBS-Halbmarathon

Category:

Männer M50

Total time: 1:35:40

Speed: 13.17 km/h

Running performance: 4:32 min/km

Rank in course/Total: 15 (of 104)

Rank in course/Men: 14 (of 85)

Best time in course: 1:24:16

Rank in category: 3(of 20)

Best time in the category: 1:28:21