



30. Warendorfer Emssee Jubiläums-Volkslauf

Warendorf / 05.09.2009

Detailed evaluation

Kallerhoff, Mathias

Club: Emsdetten

Number: 1010

Course: 21.10 km

LBS-Halbmarathon

Category:

Männer M20

Total time: 1:41:13

Speed: 12.45 km/h

Running performance: 4:48 min/km

Rank in course/Total: 29 (of 104)

Rank in course/Men: 28 (of 85)

Best time in course: 1:24:16

Rank in category: 3(of 5)

Best time in the category: 1:24:16