



## 30. Warendorfer Emssee Jubiläums-Volkslauf

Warendorf / 05.09.2009

### Detailed evaluation

**Schubert, Thomas**

Club: Team Westf. Nachrichten

Number: 1084

Course: 21.10 km

LBS-Halbmarathon

Category:

Männer M50

Total time: 1:42:21

Speed: 12.37 km/h

Running performance: 4:51 min/km

Rank in course/Total: 31 (of 104)

Rank in course/Men: 30 (of 85)

Best time in course: 1:24:16

Rank in category: 5(of 20)

Best time in the category: 1:28:21