



30. Warendorfer Emssee Jubiläums-Volkslauf

Warendorf / 05.09.2009

Detailed evaluation

Rothaus, Willy

Club: WSU

Number: 1051

Course: 21.10 km

LBS-Halbmarathon

Category:

Männer M50

Total time: 1:43:24

Speed: 12.19 km/h

Running performance: 4:54 min/km

Rank in course/Total: 34 (of 104)

Rank in course/Men: 33 (of 85)

Best time in course: 1:24:16

Rank in category: 6(of 20)

Best time in the category: 1:28:21