



30. Warendorfer Emssee Jubiläums-Volkslauf

Warendorf / 05.09.2009

Detailed evaluation

Wagemann, Marie-Theres

Club: LG Ems Warendorf

Number: 486

Course: 2.30 km

Schülerlauf

Category:

weibliche Schüler D

Total time: 19:36

Speed: 6.12 km/h

Running performance: 8:31 min/km

Rank in course/Total: 280 (of 283)

Rank in course/Women: 144 (of 146)

Best time in course: 9:24

Rank in category: 58(of 59)

Best time in the category: 10:13