



30. Warendorfer Emssee Jubiläums-Volkslauf

Warendorf / 05.09.2009

Detailed evaluation

Belke, Christoph

Club: -

Number: 1001

Course: 21.10 km

LBS-Halbmarathon

Category:

Männer M35

Total time: 1:50:07

Speed: 11.44 km/h

Running performance: 5:13 min/km

Rank in course/Total: 51 (of 104)

Rank in course/Men: 49 (of 85)

Best time in course: 1:24:16

Rank in category: 7(of 8)

Best time in the category: 1:26:16