



## 30. Warendorfer Emssee Jubiläums-Volkslauf

Warendorf / 05.09.2009

### Detailed evaluation

**Schneider, Michael**

Club: Ski-Club Warendorf

Number: 1025

Course: 21.10 km

LBS-Halbmarathon

Category:

Männer M50

Total time: 1:55:58

Speed: 10.87 km/h

Running performance: 5:30 min/km

Rank in course/Total: 64 (of 104)

Rank in course/Men: 61 (of 85)

Best time in course: 1:24:16

Rank in category: 12(of 20)

Best time in the category: 1:28:21