



## 30. Warendorfer Emssee Jubiläums-Volkslauf

Warendorf / 05.09.2009

### Detailed evaluation

**Bettenbuehl, Johannes**

Club: Tri Team WAF

Number: 1111

Course: 21.10 km

LBS-Halbmarathon

Category:

Männer M65

Total time: 1:56:24

Speed: 10.82 km/h

Running performance: 5:31 min/km

Rank in course/Total: 65 (of 104)

Rank in course/Men: 62 (of 85)

Best time in course: 1:24:16

Rank in category: 2(of 2)

Best time in the category: 1:50:26