



30. Warendorfer Emssee Jubiläums-Volkslauf

Warendorf / 05.09.2009

Detailed evaluation

Jasperneite, Claudia

Club: LG Oelde-Wadersloh

Number: 1082

Course: 21.10 km

LBS-Halbmarathon

Category:

Frauen W30

Total time: 1:56:31

Speed: 10.81 km/h

Running performance: 5:31 min/km

Rank in course/Total: 66 (of 104)

Rank in course/Women: 4 (of 19)

Best time in course: 1:34:06

Rank in category: 2(of 3)

Best time in the category: 1:34:06