



30. Warendorfer Emssee Jubiläums-Volkslauf

Warendorf / 05.09.2009

Detailed evaluation

Jasperneite, Horst

Club: LG Oelde-Wadersloh

Number: 1080

Course: 21.10 km

LBS-Halbmarathon

Category:

Männer M55

Total time: 1:56:31

Speed: 10.81 km/h

Running performance: 5:31 min/km

Rank in course/Total: 67 (of 104)

Rank in course/Men: 63 (of 85)

Best time in course: 1:24:16

Rank in category: 5(of 8)

Best time in the category: 1:38:46