



30. Warendorfer Emssee Jubiläums-Volkslauf

Warendorf / 05.09.2009

Detailed evaluation

Schweck, Werner

Club: WSU

Number: 1026

Course: 21.10 km

LBS-Halbmarathon

Category:

Männer M50

Total time: 1:57:41

Speed: 10.71 km/h

Running performance: 5:35 min/km

Rank in course/Total: 70 (of 104)

Rank in course/Men: 66 (of 85)

Best time in course: 1:24:16

Rank in category: 14(of 20)

Best time in the category: 1:28:21