



30. Warendorfer Emssee Jubiläums-Volkslauf

Warendorf / 05.09.2009

Detailed evaluation

Borgmann-Uysal, Annette

Club: SG Sendenhorst

Number: 1063

Course: 21.10 km

LBS-Halbmarathon

Category:

Frauen W45

Total time: 1:58:03

Speed: 10.67 km/h

Running performance: 5:35 min/km

Rank in course/Total: 71 (of 104)

Rank in course/Women: 5 (of 19)

Best time in course: 1:34:06

Rank in category: 2(of 5)

Best time in the category: 1:52:44