



## 30. Warendorfer Emssee Jubiläums-Volkslauf

Warendorf / 05.09.2009

### Detailed evaluation

**Kröger-Allen, Neil**

Club: Warendorf

Number: 1050

Course: 21.10 km

LBS-Halbmarathon

Category:

Männer M40

Total time: 1:58:30

Speed: 10.63 km/h

Running performance: 5:37 min/km

Rank in course/Total: 75 (of 104)

Rank in course/Men: 68 (of 85)

Best time in course: 1:24:16

Rank in category: 11(of 13)

Best time in the category: 1:40:54