



30. Warendorfer Emssee Jubiläums-Volkslauf

Warendorf / 05.09.2009

Detailed evaluation

Schwarzer, Jürgen

Club: Rheda-Wiedenbrück

Number: 1047

Course: 21.10 km

LBS-Halbmarathon

Category:

Männer M50

Total time: 2:01:56

Speed: 10.33 km/h

Running performance: 5:47 min/km

Rank in course/Total: 81 (of 104)

Rank in course/Men: 73 (of 85)

Best time in course: 1:24:16

Rank in category: 16(of 20)

Best time in the category: 1:28:21