



30. Warendorfer Emssee Jubiläums-Volkslauf

Warendorf / 05.09.2009

Detailed evaluation

Rossa, Niko

Total time: 2:03:57

Number: 1086

Speed: 10.21 km/h

Running performance: 5:52 min/km

Course: 21.10 km

Rank in course/Total: 85 (of 104)

LBS-Halbmarathon

Rank in course/Men: 76 (of 85)

Best time in course: 1:24:16

Category:

Rank in category: 5(of 5)

Männer M20

Best time in the category: 1:24:16