



30. Warendorfer Emssee Jubiläums-Volkslauf

Warendorf / 05.09.2009

Detailed evaluation

Torwinski, Wojtek

Total time: 2:08:27

Number: 1081

Speed: 9.81 km/h

Running performance: 6:05 min/km

Course: 21.10 km

Rank in course/Total: 90 (of 104)

LBS-Halbmarathon

Rank in course/Men: 79 (of 85)

Best time in course: 1:24:16

Category:

Rank in category: 19(of 19)

Männer M45

Best time in the category: 1:29:38