



# 30. Warendorfer Emssee Jubiläums-Volkslauf

Warendorf / 05.09.2009

## Detailed evaluation

Reiter, Rudolf

Total time: 2:13:46

Number: 1088

Speed: 9.42 km/h

Running performance: 6:20 min/km

Course: 21.10 km

Rank in course/Total: 96 (of 104)

LBS-Halbmarathon

Rank in course/Men: 80 (of 85)

Best time in course: 1:24:16

Category:

Rank in category: 19(of 20)

Männer M50

Best time in the category: 1:28:21