



30. Warendorfer Emssee Jubiläums-Volkslauf

Warendorf / 05.09.2009

Detailed evaluation

Kahlert, Gina

Club: Josefschule Warendorf

Number: 417

Course: 2.30 km

Schülerlauf

Category:

weibliche Schüler D

Total time: 12:07

Speed: 11.39 km/h

Running performance: 5:16 min/km

Rank in course/Total: 89 (of 283)

Rank in course/Women: 27 (of 146)

Best time in course: 9:24

Rank in category: 9(of 59)

Best time in the category: 10:13