



30. Flössgrabenlauf
Gräfenroda / 05.09.2009

Detailed evaluation

Gange, Stefan

Club: Hans&Greta

Number: 671

Course: 16.80 km

Mountainbike

Category:

Männer 30 bis 39 Jahre

Total time: 47:42

Speed: 21.13 km/h

Running performance: 2:50 min/km

Rank in course/Total: 10 (of 16)

Rank in course/Men: 10 (of 15)

Best time in course: 37:50

Rank in category: 4(of 4)

Best time in the category: 41:36