



30. Flössgrabenlauf
Gräfenroda / 05.09.2009

Detailed evaluation

Handrich, Pia

Club: TSV Rot-Weiß Zerst
Number: 610

Course: 11.00 km
Jugend A/B

Category:
weibliche Jugend A

Total time: 53:10

Speed: 12.41 km/h
Running performance: 4:50 min/km

Rank in course/Total: 2 (of 4)

Rank in course/Women: 1 (of 3)

Best time in course: 53:10

Rank in category: 1(of 1)

Best time in the category: 53:10