



30. Flössgrabenlauf  
Gräfenroda / 05.09.2009

Detailed evaluation

Hausmann, Frank

Club: MSTC Gembe  
Number: 672

Course: 16.80 km  
Hauptlauf

Category:  
Männer M30

Total time: 1:07:09

Speed: 14.30 km/h  
Running performance: 4:00 min/km

Rank in course/Total: 3 (of 58)

Rank in course/Men: 3 (of 48)

Best time in course: 1:02:03

Rank in category: 1(of 3)

Best time in the category: 1:07:09