



30. Flössgrabenlauf
Gräfenroda / 05.09.2009

Detailed evaluation

Hofmann, Mario

Club: TSV 1880 Elgersburg

Number: 614

Course: 16.80 km

Hauptlauf

Category:

Männer M40

Total time: 1:10:13

Speed: 14.36 km/h

Running performance: 4:11 min/km

Rank in course/Total: 7 (of 58)

Rank in course/Men: 7 (of 48)

Best time in course: 1:02:03

Rank in category: 2(of 9)

Best time in the category: 1:09:26