



30. Flössgrabenlauf  
Gräfenroda / 05.09.2009

Detailed evaluation

Eichel, Knut

Club: Geschwenda  
Number: 605

Course: 16.80 km  
Hauptlauf

Category:  
Männer M35

Total time: 1:10:18

Speed: 13.66 km/h  
Running performance: 4:11 min/km

Rank in course/Total: 8 (of 58)

Rank in course/Men: 8 (of 48)

Best time in course: 1:02:03

Rank in category: 1(of 4)

Best time in the category: 1:10:18