



30. Flössgrabenlauf
Gräfenroda / 05.09.2009

Detailed evaluation

Knoblich, Petra

Club: Alteburg Lauftreff Arnstadt
Number: 621

Course: 16.80 km
Hauptlauf

Category:
Frauen W40

Total time: 1:16:47

Speed: 12.50 km/h
Running performance: 4:34 min/km

Rank in course/Total: 20 (of 58)

Rank in course/Women: 2 (of 10)

Best time in course: 1:14:06

Rank in category: 1(of 2)

Best time in the category: 1:16:47