



30. Flössgrabenlauf
Gräfenroda / 05.09.2009

Detailed evaluation

Koburger, Karin

Club: Alteburg Laufftreff
Number: 622

Course: 16.80 km
Hauptlauf

Category:
Frauen W45

Total time: 1:22:49

Speed: 12.17 km/h
Running performance: 4:56 min/km

Rank in course/Total: 30 (of 58)
Rank in course/Women: 3 (of 10)
Best time in course: 1:14:06

Rank in category: 1(of 3)
Best time in the category: 1:22:49