



30. Flössgrabenlauf  
Gräfenroda / 05.09.2009

Detailed evaluation

Richter, Konrad

Club: SV Sömmerda  
Number: 637

Course: 16.80 km  
Hauptlauf

Category:  
Männer M60

Total time: 1:25:16

Speed: 11.82 km/h  
Running performance: 5:05 min/km

Rank in course/Total: 36 (of 58)

Rank in course/Men: 33 (of 48)

Best time in course: 1:02:03

Rank in category: 2(of 4)

Best time in the category: 1:21:54