



30. Flössgrabenlauf
Gräfenroda / 05.09.2009

Detailed evaluation

Meier, René

Club: SV Dienstedt-Hettstedt
Number: 669

Course: 16.80 km
Hauptlauf

Category:
Männer M40

Total time: 1:26:37

Speed: 11.08 km/h
Running performance: 5:10 min/km

Rank in course/Total: 38 (of 58)

Rank in course/Men: 35 (of 48)

Best time in course: 1:02:03

Rank in category: 8(of 9)

Best time in the category: 1:09:26