



30. Flössgrabenlauf
Gräfenroda / 05.09.2009

Detailed evaluation

Jäger, Ute

Club: Plaue
Number: 619

Course: 16.80 km
Hauptlauf

Category:
Frauen W45

Total time: 1:28:50

Speed: 10.81 km/h
Running performance: 5:17 min/km

Rank in course/Total: 39 (of 58)
Rank in course/Women: 4 (of 10)
Best time in course: 1:14:06

Rank in category: 2(of 3)
Best time in the category: 1:22:49