



30. Flössgrabenlauf
Gräfenroda / 05.09.2009

Detailed evaluation

Pfeuffer, Bodo

Club: WSV Ilmenau
Number: 631

Course: 16.80 km
Hauptlauf

Category:
Männer M70

Total time: 1:49:13

Speed: 8.79 km/h
Running performance: 6:30 min/km

Rank in course/Total: 57 (of 58)

Rank in course/Men: 48 (of 48)

Best time in course: 1:02:03

Rank in category: 3(of 3)

Best time in the category: 1:24:49