



30. Flössgrabenlauf  
Gräfenroda / 05.09.2009

Detailed evaluation

Herzer, Nils

Club: LSV Lok Arnstadt  
Number: 15

Course: 1.00 km  
Kinderlauf B

Category:  
männliche Schüler 9 Jahre

Total time: 3:25

Speed: 17.56 km/h  
Running performance: 3:25 min/km

Rank in course/Total: 1 (of 50)

Rank in course/Men: 1 (of 22)

Best time in course: 3:25

Rank in category: 1(of 9)

Best time in the category: 3:25