



30. Flössgrabenlauf  
Gräfenroda / 05.09.2009

## Detailed evaluation

Lampa, Paul

Number: 95

Course: 1.00 km  
Kinderlauf B

Category:  
männliche Schüler 8 Jahre

Total time: 3:51

Speed: 15.58 km/h

Running performance: 3:51 min/km

Rank in course/Total: 8 (of 50)

Rank in course/Men: 4 (of 22)

Best time in course: 3:25

Rank in category: 1(of 11)

Best time in the category: 3:51