



4. Warburger Nordic Walking Tag

Warburg / 05.09.2009

Detailed evaluation

Hermes, Bettina

Club: LGHalver-Schalksmühle

Number: 862

Course: 9.50 km

Nordic Walking 10 km

Total time: 1:19:14

Speed: 6.82 km/h

metres in height up: 50

Course score: 9.75

performance score: 74 Points