



4. Warburger Nordic Walking Tag

Warburg / 05.09.2009

Detailed evaluation

Thomanek, Doris

Club: LuW Weddinghofen

Number: 849

Course: 9.50 km

Walking 10 km

Total time: 1:19:47

Speed: 6.77 km/h

metres in height up: 50

Course score: 9.75

performance score: 73 Points