



## 4. Warburger Nordic Walking Tag

Warburg / 05.09.2009

### Detailed evaluation

Schuchmann, Erwin

Club: Bergheim

Number: 1150

Course: 19.50 km

Nordic Walking 20 km

Total time: 2:21:21

Speed: 8.28 km/h

metres in height up: 100

Course score: 20.50

performance score: 174 Points