



4. Warburger Nordic Walking Tag

Warburg / 05.09.2009

Detailed evaluation

Birke, Volker

Club: BTC-Herne

Number: 1125

Course: 19.50 km

Walking 20 km

Total time: 2:04:59

Speed: 9.12 km/h

metres in height up: 100

Course score: 20.50

performance score: 197 Points