



4. Warburger Nordic Walking Tag

Warburg / 05.09.2009

Detailed evaluation

Humpert, Claudia

Club: Warkingtreff Möhnensee

Number: 1196

Course: 19.50 km

Walking 20 km

Total time: 2:24:00

Speed: 7.92 km/h

metres in height up: 100

Course score: 20.50

performance score: 171 Points