



4. Warburger Nordic Walking Tag

Warburg / 05.09.2009

Detailed evaluation

Kaidat, Donald

Club: TBS-Herne

Number: 1163

Course: 19.50 km

Nordic Walking 20 km

Total time: 2:26:48

Speed: 7.77 km/h

metres in height up: 100

Course score: 20.50

performance score: 167 Points