



## 4. Warburger Nordic Walking Tag

Warburg / 05.09.2009

### Detailed evaluation

betz, andrea

Club: wt-soest

Number: 1186

Course: 19.50 km

Nordic Walking 20 km

Total time: 2:31:21

Speed: 7.53 km/h

metres in height up: 100

Course score: 20.50

performance score: 162 Points